

# TRAVEL PLAN TO RISHIKESH





**SILENCE YOUR MIND  
AWAKEN YOUR SPIRIT**

# RISHIKESH

Rishikesh, located in Uttarakhand's Himalayan foothills, is renowned as the "Yoga Capital of the World" and a major hub for Hindu pilgrimage and adventure sports. Situated along the holy Ganga River, it is famous for ashrams, whitewater rafting and the iconic Beatles Ashram. Key sites include Triveni Ghat, Lakshman Jhula and Ram Jhula.



# VISIT PLACES IN RISHIKESH

- **SPIRITUAL SITES**

TRIVENI GHAT

PARAMARTH NIKETAN ASHRAM

BEATLES ASHRAM

NEELKANTH MAHADEV TEMPLE

- **NATURE AND SCENIC VIEWS**

NEER GARH WATERFALL

VASHISHTA GUFA

PATNA WATERFALL

- **ADVENTURE ACTIVITIES**

RIVER RAFTING

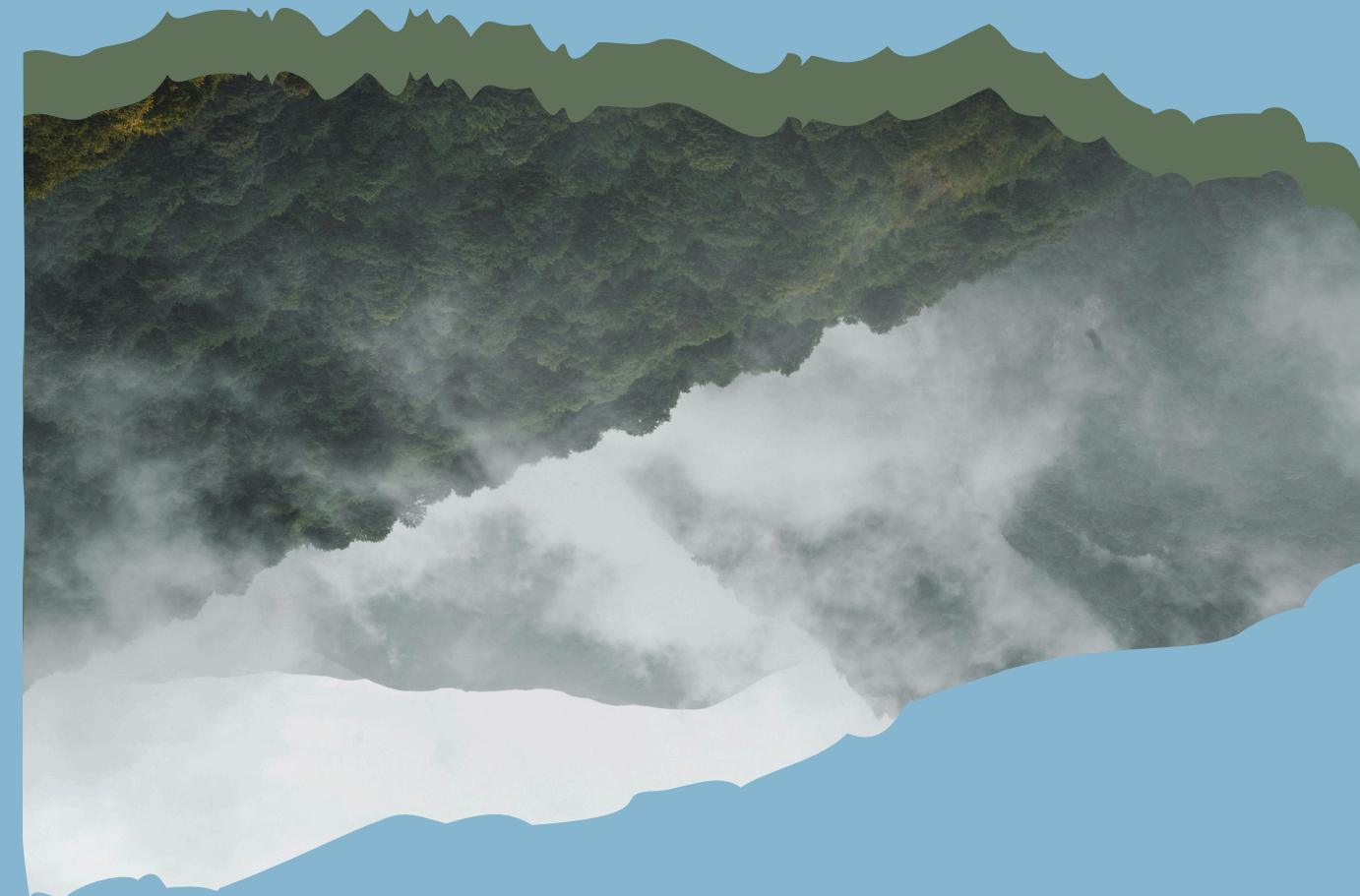
BUNGEE JUMPING

CAMPING & TREKKING

- **ICONIC LANDMARKS**

RAM & LAXMAN JHULA

GITA BHAVAN





## TRIVENI GHAT

Triveni Ghat is the most sacred and central bathing ghat in Rishikesh, Uttarakhand, located on the banks of the Ganga. It is a confluence of three holy rivers the Ganga, Yamuna and Saraswati and is renowned for its daily evening Ganga Aarti, attracting many devotees seeking spiritual purification.



## PARAMARTH NIKETAN ASHRAM

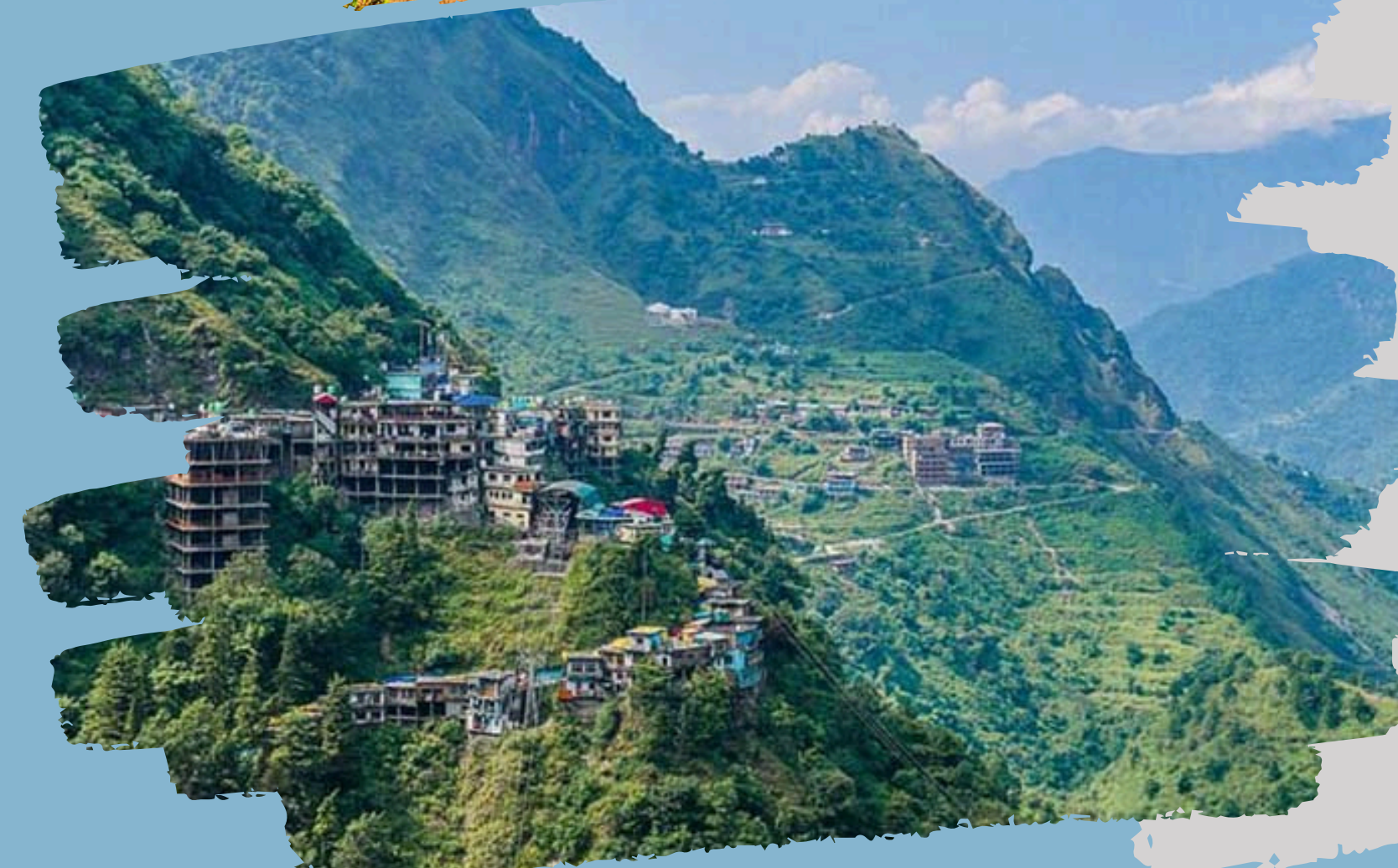
Parmarth Niketan, founded in 1942, is the largest ashram in Rishikesh, Uttarakhand, located on the banks of the holy Ganges. It offers a serene, spiritual environment focused on yoga, meditation and daily Ganga Aarti. The ashram provides simple clean accommodation for thousands of pilgrims and is known for its environmental initiatives and charitable projects.

## BEATLES ASHRAM

The Beatles Ashram in Rishikesh (officially Chaurasi Kutia) is a former meditation center where the band famously stayed in 1968 to learn Transcendental Meditation from Maharishi Mahesh Yogi. Located in the Rajaji National Park, it is renowned for its abandoned graffiti-covered meditation huts and as the site where many songs for the "White Album" were written.

## NEELKANTH MAHADEV TEMPLE

The Neelkanth Mahadev Temple in Rishikesh is a sacred Hindu site dedicated to Lord Shiva, located at 1,330 meters in the Himalayan foothills. It stands where Shiva allegedly consumed venom from the Samudra Manthan (ocean churning) turning his throat blue. The temple features vibrant architecture and offers panoramic views of the surrounding mountains.





## RIVER RAFTING

Rishikesh river rafting on the Ganges offers thrilling white water experiences with rapids ranging from Grade I to IV. Popular stretches include the 16 km Shivpuri to NIM Beach and the 9 km Brahmpuri route. The best time is October to June, with operators providing safety gear, guides and mandatory briefings for a safe adventure.

## BUNGEE JUMPING

Bungee jumping in Rishikesh is a premier adventure activity, featuring India's highest jumps ranging from 55m to 117m at spots like Jumpin Heights, Himalayan Bungy and Thrill Factory with top locations in Mohan Chatti providing professional safety gear and training.



## CHAMPING & TREKKING

Rishikesh, a premier adventure hub offers exceptional riverside camping and Himalayan trekking, ideal from September to June. Popular spots include Shivpuri for riverside camping, While key treks like Neer Waterfall, Kunjapuri and Nag Tibba offer panoramic views, often paired with rafting, yoga and bungee jumping.



## NEER GARH WATERFALL

Neergarh Waterfall (or Neer Gaddu) is a stunning natural waterfall near Rishikesh, known for its clear, bluish white water cascading over rocky cliffs into natural pools. Located 5–7 km from Lakshman Jhula, it features a scenic 1-3 km hike offering a refreshing dip, lush surroundings and a popular spot for nature photography.

## VASHISHTA GUFA

Vashishta Gufa, located 25 km from Rishikesh on the Badrinath road, is an ancient profoundly peaceful cave on the banks of the Ganges where Sage Vashishta, a revered saint is believed to have meditated. Known for its immense silence and spiritual energy, The cave houses a Shiva Lingam, requires climbing ~200 steps to reach and is a major destination for meditation and tranquility.

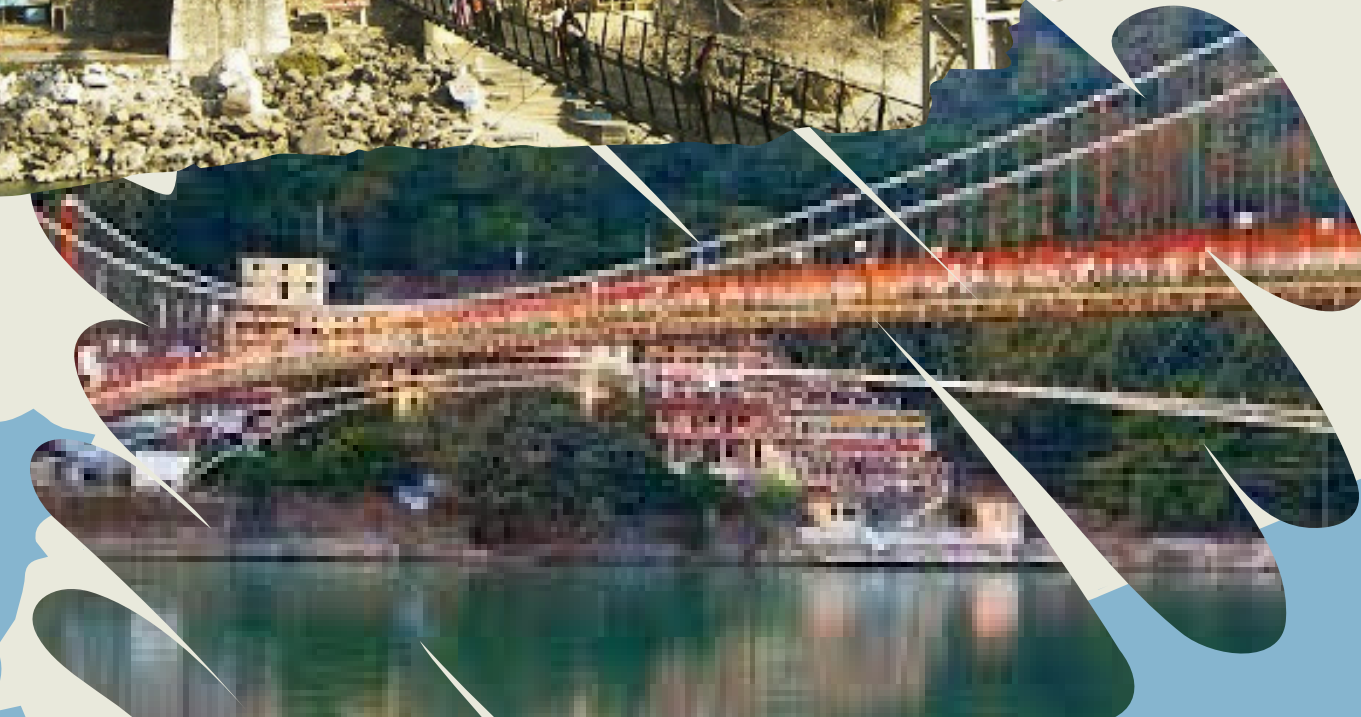
## PATNA WATERFALL

Patna Waterfall in Rishikesh is a hidden, multi tiered natural gem located near Patna village, renowned for its limestone caves and a scenic, roughly 1.5 km (30–45 minute) trek within Rajaji National Park. Situated about 6.5 km from Laxman Jhula on the Neelkanth Road, it offers a 40-foot drop and a refreshing natural pool, ideal for a short, adventurous day hike.



## RAM JHULA AND LAXMAN JHULA

Ram Jhula and Laxman Jhula are iconic iron suspension bridges spanning the Ganga River in Rishikesh, serving as major landmarks connecting temples, ashrams and markets. Built in the 20th century, these pedestrian friendly bridges offer scenic views of the river and hills, with Laxman Jhula located upstream from the larger, newer Ram Jhula.





## GITA BHAWAN

Gita Bhawan is a sprawling, spiritual ashram complex located on the banks of the Ganges in Swargashram, Rishikesh, known for its focus on the Bhagavad Gita. It offers over 1,000 rooms, primarily for devotees seeking a peaceful, low cost stay, alongside a temple, ayurvedic medicine shop and daily satsangs.



**CHASE THRILLS BY THE SACRED HILLS....**

**THANK YOU....**